



# ALEXANDER ELEMENTARY

## February 2026 Newsletter

Cowichan Monthly Teaching Hwial'asmut ch tun' s-ye'lh (Take care of your health)



'Uy' skweyul Alexander Families, Welcome to February!



It has been a busy start to the month with a lot of exciting weather! Since our last newsletter, six Grade 6/7 students represented Alexander at the District Gravity Car Races at the Vancouver Island Motor Sport Circuit. Students created their own gravity cars and had an opportunity to race them against other top contenders from schools across the district. Congratulations to all our smun'eem who took part in the gravity car competition.

On February 25<sup>th</sup> our school will recognize **pink shirt day** with a school wide assembly. The goal of Pink Shirt Day is to raise awareness about bullying and promote kindness, acceptance and inclusivity in schools, workplaces and communities.

It is a wonderful time of the year at Alexander, and we are so proud of all our smun'eem!

Huy tseep q'u

Darren Hart & Brenda Lee  
Principal      Vice Principal



***Save the Date!***  
**Thursday, April 2<sup>nd</sup> 1:30-2:30**

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On Thursday, April 2<sup>nd</sup>, we are opening our doors to celebrate family and student learning. Please join us to learn more about your learner's accomplishments and the exciting learning opportunities that are happening across the school. We will host a BBQ and Easter Egg Hunt for all in attendance.



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### **Parent Learning Survey**

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The Provincial Student Learning Survey is unique in its scope, size and usefulness to schools. It gathers information from parents/guardians/caregivers, teachers, and students on topics related to school environment, safety, and achievement. The information is used for planning in individual schools and provides a district and provincial perspective.

Early in 2026 the Student Learning Survey will be administered to students in grades 4, 7, 10, 11, & 12 their parents/guardians/caregivers, and all school staff. We encourage parents/guardians/caregivers to participate in this survey, as the results are important in identifying and celebrating current strengths, as well as determining where the school needs to focus improvement. The surveys contain standard questions for the province – in addition, questions from the school and/or district that focus on local conditions or issues may be included.

The survey can be completed electronically and can be accessed on the Internet at:

<https://www2.gov.bc.ca/gov/content/education-training/k-12/support/student-learning-survey>.

Any computer or mobile device with an Internet connection can be used, and access to the e-survey is simple and secure. The survey can be accessed through the link and by clicking on Take the Survey. On the login page, click on the Parents icon, and then select the school district and school name where your child attends school. Provincial, District and School Reports for previous years can be viewed at the same site under the *Results* section.

The e-survey site will be open until May 1, 2026.

If you have any questions, please do not hesitate to contact the school.

## Pink Shirt Day is Wednesday, February 25<sup>th</sup>!

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Schools around the district will be marking Pink Shirt Day on *Wednesday, February 25<sup>th</sup>*. Pink shirt day started when two friends decided to stand up to a grade 9 boy who was being bullied for wearing a pink shirt. The creators of Pink Shirt Day, David Shepherd and Travis Price, stood up for this student and started a worldwide movement to recognize and combat bullying. Huy tseep q'u to all of those that recognize this day. More information about Pink Shirt Day can be found here: <https://www.pinkshirtday.ca>



## KINDERGARTEN REGISTRATION 2025-2026

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[Online Registration](#) forms are still open for families to register children who turn 5 on or before December 31, 2026, for kindergarten. Schools will accept registrations from families living within their catchment area, or for children whose older siblings have an approved out-of-catchment request and will be continuing to attend the school. Any family wishing to register their child in an out-of-catchment school may apply by submitting an out-of-catchment request form available online. Early registration supports both district and school planning! *Printed registration forms are also available for pick-up at the schools.*



### Nourish Food Program

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At Alexander we have a fantastic food program. This program is maintained by the amazing work of the team at Nourish Cowichan who make weekly deliveries to our school. Once delivered, the food is prepared by staff at Alexander. This program is open to **all** our smun'eem and includes breakfast, a morning snack and daily lunch. Huy Tseep q'u to everyone involved in maintaining this program for our Smun'eem.

### Annual Budget Survey and Public Consultation for 26/27

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The Budget Survey is open February 6-27 on our district website:

<https://sd79.bc.ca/district-news/2026-27-annual-budget-survey/>

There is also a Public Budget Meeting on Tuesday, February 17<sup>th</sup> at 6:00 pm in the Inspire Room at the School Board Office (2557 Beverly Street).



## Portable Speakers



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Since our return from Winter Break, we have been noticing an increased number of student's coming to school with portable speakers. We have asked students to not bring these to school. If students are found at school with portable speakers, they will be asked to keep them at the office for a parent pickup.

## PAC Update

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We are fortunate to have such a hard-working PAC at Alexander. The PAC is currently in the initial planning stages of a school wide *Fun Fair!* The date that is being looked at for this is Friday, May 22<sup>nd</sup>. More information will come out about this soon. The PAC is also in the process of acquiring hoodies for our grade 7 Smun'eeem. Huy Tseep q'u to all the members of our Wolf Pack PAC.

## DATES TO REMEMBER

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February 25th - 2hr. Early Dismissal & Pink shirt Day / School Wide Assembly

March 12<sup>th</sup> / 13<sup>th</sup> - **Learning Updates** will be coming home

Friday, March 13<sup>th</sup> – **Last Day of classes** prior to Spring Break

Monday, March 30<sup>th</sup> - **Return from Spring Break**

# School Schedule

## Supervision Begins at 8:20 Daily

8:20 – Kitchen Opens for Breakfast

8:45 – Classes Begin

*(If your student is late, please have them sign in at the office)*

11:02-11:47 – Lunch Recess

11:47-12:15 – Inside Lunch Eating

2:28 – Dismissal

## Supervision Ends at 2:45pm

In-Person Events

## Coffee & Connection

Connect and Learn | for Parents and Caregivers

Are you a parent or caregiver interested in connecting with other parents about child/youth mental health topics?

Join FamilySmart's Family Peer Support Workers for coffee and connection. These events are for parents/caregivers only. FamilySmart does not provide childcare.



### Parenting When Our Kids are Struggling With Their Mental Health

When our kids have mental health challenges, parenting can be especially hard. Let's talk about the challenges when we are parenting children 5-12 years and what helps to make it a bit easier.

DATE: Wednesday, February 18, 2026

TIME: 9:30 – 10:30 AM

#### LOCATION:

ICY - The Grove, Mackirdy Building, 1033 Nagle Street, Duncan

Please note that the ICY room entrance faces Cairnsmore Street. Please park on Cairnsmore or Nagle Street, not in the school lot. Thank you.

Register to receive an email reminder.

Questions?

EMAIL: kim.robinson@familysmart.ca

PHONE/TEXT: (250) 755-4826



Register online at  
[familysmart.ca/events](https://familysmart.ca/events)  
Drop-ins also welcome



Integrated  
Child & Youth  
Teams



FamilySmart  
Together - Centred



## Spring Break Camp Day!

### Learning with Horses

**Social Skill Development** through hands-on, group activities with horses in a safe, inclusive farm setting.

- Ages 10 - 14
- Guided, non-riding interactions with horses
- Supportive, inclusive learning environment
- Explore teamwork, communication, leadership & self-awareness - learning by doing together.
- No prior experience required.

**Register now!**

March 19th, 8:30 am - 2:30 pm

\$150 - one day immersive with horses

**Location: Cobble Hill, B.C.**

**For more information & to register contact**

[programcoordinator@togetherinstride.ca](mailto:programcoordinator@togetherinstride.ca)

[togetherinstride](http://togetherinstride)

